

**Endoscopy with Bravo Instructions:                      Date:**

**14 Days Before Test Stop taking:                      Date:**

- Prilosec® (omeprazole)
- Protonix® (pantoprazole)
- Nexium® (esomeprazole)
- Prevacid® (lansoprazole)
- Dexilant® (dexlansoprazole)
- Aciphex® (rabeprazole)

**2 Days Before Test Stop Taking:                      Date:**

- Reglan® (metoclopramide)
- Tagament® (cimetidine)
- Axid® (nizatidine)
- Pepcid® (famotidine)
- Zantac® (ranitidine)
- Carafate® (sucralfate)

**24 hours Before Test Stop any Over-the-Counter antacids - may restart 3 days after test**

- Tums (calcium carbonate)
- Roloids®
- Maalox®
- Mylanta®

It is OK to continue a baby Aspirin (81 mg)

- Stop Plavix or Brilinta 3 days before the procedure and restart after EGO, unless instructed otherwise by your doctor.
- Stop NSAIDs or aspirin-like products (Motrin, Aleve, Advil, Naprosyn etc) 5 days prior to procedure. You can use plain Tylenol for pain, if needed.
- **If you are taking Coumadin (Warfarin)**, this should be stopped 5 days before procedure. Some patients need to replace the Coumadin with blood-thinner injections for approximately one week. Please discuss the changes in Coumadin regimen with your family doctor or with Coumadin Clinic.
- **If you are taking Pradaxa or Xarelto**, this should be stopped 5 days before the procedure and restarted after procedure, unless instructed otherwise by your doctor.
- **If you are diabetic**, please discuss with your doctor the change in your medications during the preparation for the procedure.
  - Do not take Metformin 24 hours before procedure
  - Hold insulin morning of procedure

**On the Day of Your Procedure:**

- ✓ You should not eat or drink anything, including water, for 8 hours prior to your procedure.
- ✓ On the morning of your test, take only the medications for your heart or blood pressure with a sip of water at least two hours before your procedure.
- ✓ No chewing gum, hard candy or chewing tobacco at least 4 hours pre-procedure