



Skyline Gastroenterology of West Tennessee  
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#### H. PYLORI BREATH TEST

Your doctor has scheduled you for a H. pylori Breath Test to determine if you are infected with this bacterium. Your test is set for: \_\_\_\_\_

Testing will be conducted at Skyline Gastroenterology of West Tennessee

If you have any questions regarding the following instructions, then please call our office at 731-280-0156, and request to speak to \_\_\_\_\_

#### Test Preparation

**4 weeks prior to test:** You will need to be off all antibiotics. You will need to off all Bismuth type medications (Pepto-Bismol and all generic forms).

Date to Stop Antibiotics and Bismuth: \_\_\_\_\_

Date stopped Antibiotics and Bismuth: \_\_\_\_\_

**2 weeks prior to test:** You will need to be off proton pump inhibitors (PPI).

<b>Generic</b>	<b>Brand</b>
Omeprazole	Prilosec
Lansoprazole	Prevacid
Rabeprazole	Aciphex
Pantoprazole	Protonix
Esomeprazole	Nexium
Esomeprazole/ naproxen	Vimovo
Dexlansoprazole	Dexilant
<u>omeprazole/sodium bicarbonate</u>	Zegrid

**Date to Stop PPI:**

**Date Stopped PPI:**

**1 Day prior to test:** You will need to be off H2 blockers.

H2 blockers include Tagamet, Zantac, Axid, Pepcid and their generics.

**Date to Stop H2 Blocker:**

**Date Stopped H2 Blocker:**

**Day of Test:** You must fast for 6 hours prior to test. This means nothing to eat or drink.

**Note:** You can continue to take Antacids such as Maalox, Rolaid, Tums, Mylanta and Gelusil

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