

## Esophageal Manometry

**Definition-** Esophageal Manometry Study is a Diagnostic Study of the esophagus to evaluate the function of your Esophagus while swallowing.

This procedure is ordered by your doctor but is performed by a nurse. You will be completely awake during the procedure so you will NOT need a driver. You will be able to drive yourself home if you normally drive a vehicle.

This Study involves having a small flexible tube gently inserted through the nose into the esophagus. You will be asked to swallow some fluids during the test at different times during the study while lying at a 20 degree angle to evaluate the function of your esophagus. Your nurse may use a small amount of numbing medication in your nose to help with the passage of the tube through the nasal cavity and make the test more comfortable. The test will take about an hour to complete. You will be able to breathe and talk normally while the tube is in place, however you should only try to talk and swallow when instructed.

### **Pre-op Instructions**

- Do NOT eat or drink anything 6 hours before the test. Or Past midnight if your test is first thing in the morning
- Ask Your Physician if he wants to you to stop taking any of your current medications prior to this test.

### **Contraindications**

None; however, in rare circumstances the tube cannot be passed through the nares and down the esophagus. If this were to happen to you, your Doctor would need to discuss other options to complete this test.

### **Risks-Minimal**

- Nose bleeds
- Coughing
- Sneezing
- Nausea and vomiting