

Fibroscan Instructions

Definition- Fibro Scan is also called transient elastography or ultrasound of liver. It is a non-invasive, painless way to measure the stiffness of your liver. Fibro Scan works by emitting a small pulse of energy, which may feel as a slight vibration on your skin. This pulse of energy will provide an immediate measure of the stiffness of your liver. This can be an important part of understanding your overall liver health. It consists of 10 acceptable measurements usually done within 10 to 30 minutes. Fibro Scan is used as an aid to clinical management of adult patients with liver disease. Once your procedure is done a report will be sent to your doctor for review and his clinic will be in touch with you about your results of your test.

Preparation-

- You will NOT be sedated for this procedure, nor does this procedure require you to have a driver.
- You must not eat or drink anything 3 hours to having this procedure done, however drinking water is acceptable
- Wear comfortable clothing to the procedure, which will allow your healthcare provider to expose the right side of your rib cage.
- A nurse will be performing this procedure and a report will go to the ordering physician
- The test should take approximately 10 to 30 minutes.

Contraindications-

- You may not have this exam if you are pregnant
- FibroScan is contraindicated in patients with active implanted electronic devices such as pacemakers, defibrillators, or pumps.

Scheduling- This test is done in the GI Dept. Call the GI lab to schedule these test.