

Gastric Emptying Study

What is it? The gastric emptying scan is a test to look at how quickly food leaves your stomach.

- **How should I get ready for the test?**

- Do not eat or drink any food or liquids for 6 hours before your check in time.
- If you smoke, do not smoke the morning of the test.
- Two days before the test your doctor may have you stop taking these medicines.
- Some may affect how quickly food moves through your stomach, such as, Reglan (metoclopramide), Motilium (domperidone), Bentyl (dicyclomine), Donnatal, Zelnorin (tegaserod), erythromycin
- Pain medicines, such as codeine, Percocet (oxycodone), Tylenol #3, OxyContin, Percodan, fentanyl patch, methadone, Vicodin (hydrocodone), Ultram (tramadol) can also affect your stomach.
- Do not take any laxatives the day before or the day of the test.
- Your doctor may not want you to stop certain medicines. They may want to see how they are working.
- If you have diabetes, talk to your primary doctor about how to manage your medicine.
- Talk to your doctor to see if you can take other medicines with a sip of water the day of the test. Take these at least 2 hours before you arrive at the hospital for the test.
- If you are pregnant, think you might be pregnant or breast feeding, please tell us. This test should not be done if you are pregnant or breast-feeding except under special conditions.

What can I expect during the test? The test will take about 4-5 hours.

You will be given a small meal of cooked egg whites, bread, and water. The food you eat has a small amount of a radioactive substance in it. The radioactive substance has no taste and the food tastes normal. If you have a confirmed allergy to eggs or wheat (gluten), tell us and a different meal will be provided for you.

After eating the meal, pictures will be taken of your stomach over the next 4 hours. You may be standing. If you cannot stand for 5 minutes, please let us know. You will be able to move around between the picture taking.

You may want to bring a book or something else to help pass the time. Do not eat or drink anything other than what we give you during the test.

Your test is scheduled on Date: _____

Time: _____