



Skyline Gastroenterology of West Tennessee
27 A Medical Center Dr
Jackson, TN 38301
Phone 731-280-0157
Referral schedule Fax 731-424-0393
Medical Records Fax 731-424-0774

Brittain Little MD
Jeffery Gillis DO
Daniel Kayal DO
Veronica Jarido MD
R. Mark Short MD
Kelley Lumley FNP
Hannah Keel FNP
Melissa Baines FNP
Lindsey Rayborn FNP

COLYTE INSTRUCTIONS

***Clear liquids ALL DAY the day before your procedure on: _____**

****NO SOLID FOODS THIS DAY****

“Clear liquids” means liquid without substance. Examples: Water, tea, coffee (no creamer or milk), bouillon, broth, apple juice, white grape juice, ANY soft drinks, Kool-Aid, Gatorade. Hard candy, popsicles, ice and jello (without fruit) are also OK.

NO red or purple!! NO orange juice or other pulp-containing juices, tomato juice, milk or ice cream!!

Prepare and Chill your Colyte solution:

On _____ @ _____ take 4 Dulcolax tablets. Then drink at least 8oz clear liquids every hour after that.

On _____ @ _____ start drinking the Colyte prep solutions. Drink 8oz every 15-30 minutes until you have consumed HALF the solution.

***Continue drinking clear liquids throughout the day! ***

On _____ @ _____ drink the remaining half of the solution.

NOTHING TO DRINK AFTER _____.

Report to: _____ SEC-27 “B” Medical Center Dr. at _____ on _____.
_____ JMCGH-620 Skyline Dr. at _____ on _____.

- **Bring a DRIVER. Also bring your insurance card, photo ID, and a list of all of your medications.**
- **Notify the doctor if on any blood thinners.**
- **Take any blood pressure, heart, or seizure medications the morning of your procedure. DO NOT take any diabetic medications.**
- **If you have any questions call 731-280-0157**