



**Skyline Gastroenterology of West Tennessee**  
27 A Medical Center Dr  
Jackson, TN 38301  
Phone 731-280-0157  
Referral schedule Fax 731-424-0393  
Medical Records Fax 731-424-0774

Brittain Little MD  
Jeffery Gillis DO  
Daniel Kayal DO  
Veronica Jarido MD  
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Hannah Keel FNP  
Melissa Baines FNP  
Lindsey Rayborn FNP

### **FLEX SIG**

**\*Clear liquids ALL DAY the day before your procedure on: \_\_\_\_\_**

**\*\*NO SOLID FOODS THIS DAY\*\***

**“Clear liquids” means liquid without substance. Examples: Water, tea, coffee (no creamer or milk), bouillon, broth, apple juice, white grape juice, ANY soft drinks, Kool-Aid, Gatorade. Hard candy, popsicles, ice and jello (without fruit) are also OK.**

**NO red or purple!! NO orange juice or other pulp-containing juices, tomato juice, milk or ice cream!!**

On \_\_\_\_\_ @ \_\_\_\_\_ take 4 Dulcolax tablets and follow with 8oz of clear liquids every hour after that for at least 3 hours.

**NOTHING TO DRINK AFTER \_\_\_\_\_.**

On \_\_\_\_\_ @ \_\_\_\_\_, the morning of the procedure, use \_\_\_\_\_ enemas.

Report to: \_\_\_\_\_ SEC-27 “B” Medical Center Dr. at \_\_\_\_\_ on \_\_\_\_\_.  
\_\_\_\_\_ JMCGH-620 Skyline Dr. at \_\_\_\_\_ on \_\_\_\_\_.

- **Bring a DRIVER. Also bring your insurance card, photo ID, and a list of all of your medications.**
- **Notify doctor if on any blood thinners.**
- **Take any blood pressure, heart, or seizure medications the morning of your procedure. DO NOT take any diabetic medications.**
- **If you have any questions call 731-280-0157**