



Skyline Gastroenterology of West Tennessee
27 A Medical Center Dr
Jackson, TN 38301
Phone 731-280-0157
Referral schedule Fax 731-424-0393
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SUTAB INSTRUCTIONS

*Clear liquids **ALL DAY** the day before your procedure on: _____

****NO SOLID FOODS THIS DAY****

“Clear liquids” means liquid without substance. Examples: Water, tea, coffee (no creamer or milk), bouillon, broth, apple juice, white grape juice, ANY soft drinks, Kool-Aid, Gatorade. Hard candy, popsicles, ice and jello (without fruit) are also OK.

NO red or purple!! NO orange juice or other pulp-containing juices, tomato juice, milk or ice cream!!

On _____ @ _____ take 4 Dulcolax tablets. Then drink at least 8oz clear liquids every hour after that.

On _____ @ _____ Open 1st bottle of 12 tablets. Fill provided container with 16oz of cool water (To Fill Line). Swallow each tablet with a sip of water and then drink the entire amount of water in the cup. (This should take 15-20 minutes to complete).

***Continue drinking clear liquids throughout the day! ***

On _____ @ _____ Open 2nd bottle of 12 tablets. Fill provided container with 16oz of cool water (To Fill Line). Swallow each tablet with a sip of water and then drink the entire amount of water in the cup. (This should take 15-20 minutes to complete).

NOTHING TO DRINK AFTER _____.

Report to: _____ SEC-27 “B” Medical Center Dr. at _____ on _____.
_____ JMCGH-620 Skyline Dr. at _____ on _____.

- Bring a DRIVER. Also bring your insurance card, photo ID, and a list of all of your medications.
- Notify the doctor if on any blood thinners.
- Take any blood pressure, heart, or seizure medications the morning of your procedure. DO NOT take any diabetic medications.
- If you have any questions call 731-280-0157