

## Clenpiq Prep

- **Day Before you procedure** - **Drink only clear liquids ALL DAY.** Drink 8oz of clear liquid every hour.  
Examples: Water, tea, coffee (no creamer or milk), bouillon, broth, apple juice, white grape juice, ANY soft drinks, Kool-Aid, Gatorade, popsicles, ice and jello (without fruit) are also OK  
DO NOT eat solid foods , Hard Candy or milk products. Nothing red or purple. No pulp-containing juices.
- **At 2PM** take **4 Dulcolax tablets** (purchase over the counter).
- **8 hours before your arrival time.** Drink 1st bottle of CLENPIQ (DO NOT REFRIGERATE OR MIX WITH ANYTHING), then drink 5 (8oz) glasses of clear liquids of your choice
- Continue to drink at least 8oz of clear liquids every hour.
- **4 hours before** your arrival time, Drink 2nd bottle of CLENPIQ (DO NOT REFRIGERATE OR MIX WITH ANYTHING), then drink 3 (8oz) glasses of clear liquids of your choice within a 1 hr Time period.
- **Nothing by mouth 3 hours before** your arrival time. including Hard Candy, Ice Chips, Water etc.

**Report to:** \_\_\_\_\_SEC-27 "B" Medical Center Dr. at \_\_\_\_\_ on \_\_\_\_\_.

\_\_\_\_\_JMCGH-620 Skyline Dr. at \_\_\_\_\_ on \_\_\_\_\_.