

Colyte Prep

- **Day Before you procedure - Drink only clear liquids ALL DAY.** Drink 8oz of clear liquid every hour. Examples: Water, tea, coffee (no creamer or milk), bouillon, broth, apple juice, white grape juice, ANY soft drinks, Kool-Aid, Gatorade, popsicles, ice and jello (without fruit) are also OK **DO NOT** eat solid foods , Hard Candy or milk products. Nothing red or purple. No pulp-containing juices.
- Day Before you procedure, In the morning, prepare and chill your Colyte solution.
- Day Before you procedure At **2PM** take **4 Dulcolax tablets** (purchase over the counter).
- **8 hours before** your arrival time, start drinking the Colyte prep solutions. Drink 8oz every 15-30 minutes until you have consumed HALF the solution.
- Continue to drink at least 8oz of clear liquid every hour.
- **4 hours before** your arrival time, drink the remaining half of the solution within a 1 hr Time Period.
- **Nothing by mouth 3 hours before your arrival time.** including Hard Candy, Ice Chips, Water etc.

Report to: _____SEC-27 "B" Medical Center Dr. at _____ on _____.

_____JMCGH-620 Skyline Dr. at _____ on _____.