

Sutab Prep

The Day Before Your Procedure:

- **Drink only clear liquids ALL DAY.** Drink 8oz of clear liquids every hour.
Examples: Water, tea, coffee (no creamer or milk), bouillon, broth, apple juice, white grape juice, ANY soft drinks, Kool-Aid, Gatorade. Hard candy, popsicles, ice and jello (without fruit) are also OK
DO NOT eat solid foods or milk products. Nothing red or purple. No pulp-containing juices.
- At **2PM** take **4 Dulcolax tablets** (purchase OTC).
- **8 hours before** your arrival time, Open 1st bottle of 12 tablets. Fill provided container with 16oz of cool water (To Fill Line). Swallow each tablet with a sip of water and then drink the entire amount of water in the cup. (This should take 15-20 minutes to complete).
- Continue to drink at least 8oz of clear liquids every hour.

The Day Of Your Procedure:

- **4 hours before** your arrival time, Open 2nd bottle of 12 tablets. Fill provided container with 16oz of cool water (To Fill Line). Swallow each tablet with a sip of water and then drink the entire amount of water in the cup. (This should take 15-20 minutes to complete).
- **3 hours before** your arrival time, **stop drinking** any liquids.

Report to: _____ SEC-27 "B" Medical Center Dr. at _____ on _____.

_____ JMCGH-620 Skyline Dr. at _____ on _____.

****REMEMBER TO HOLD YOUR BLOOD THINNER, ANTI-PLATELET, ANY WEIGHT LOSS OR DIABETIC INJECTION, AND YOUR ACE INHIBITORS. PLEASE READ THE OTHER PAGES FOR A COMPLETE LIST OF MEDICINE TO HOLD OR CALL OUR OFFICE WITH ANY QUESTIONS (731) 280-0157****