



Cosán Care Management Program

Managing your health—especially when dealing with a chronic condition—can feel overwhelming. Keeping up with medications, appointments, and symptoms isn't always easy, and you shouldn't have to do it alone. That's where **Cosán Care Management** comes in. This program provides **additional support between doctor's visits** to help you stay in control of your health, feel better, and avoid unnecessary hospital visits.

How Care Management Helps You:

- **Personal Care Coordinator:**
You'll have a dedicated Care Coordinator who works with you and your doctor to create a personalized care plan.
- **Symptom Monitoring:**
Your Care Coordinator will check in with you regularly and update your doctor on any changes in your health.
- **Medication & Appointment Help:**
Need a refill? Have trouble remembering appointments? Your Care Coordinator can help.
- **Health Education & Local Resources:**
Get guidance on managing your condition and access to helpful services like transportation or support groups.
- **A Familiar, Friendly Voice:**
Most patients stay with the same Care Coordinator, so you always have someone who knows your health history.

Insurance Coverage

This program is covered by Medicare and could be covered-in-full if you have a secondary insurance. Full coverage depends on your secondary insurance carrier or Medicare Replacement Plan Coverage. Although Medicare developed this program, you do not need to be a Medicare beneficiary to take advantage of these valuable services. Most commercial and Medicare Advantage plans also cover this benefit.

Like other healthcare services, our Care Management program is subject to your annual insurance deductible, coinsurance, and copay. Depending on your specific benefits there may be a minimal fee associated with the program.

Why Enroll?

- Feel more **confident** in managing your health
- Get reminders and support for managing **medications** and **appointments**
- Reduce the chances of hospital visits by **catching health issues early**
- Stay connected with someone who **cares about your well-being**



To learn more, please speak with your doctor about our Cosán Care Management Program.