

Colon Preps

1. **Day Before you procedure - Drink only clear liquids ALL DAY.** Drink 8oz of clear liquid every hour. Examples: Water, tea, coffee (no creamer or milk), broth, apple juice, white grape juice, ANY soft drinks, Kool-Aid, Gatorade, popsicles, ice and jello (without fruit) are also OK
DO NOT eat solid foods , Hard Candy or milk products. Nothing red or purple. No pulp-containing juices.
2. **Day before your procedure:** At **2PM** take **4 Dulcolax tablets** (purchase over the counter).
3. **8 hours before your arrival time,** _____
 - **Clenpiq, Suprep or Suflave** - Drink 8 ounces every 15-30 mins until you have consumed the first full bottle. Continue drinking 8-16 oz's of Clear liquids per hour (Suflave only Open 1 Flavor Packet and pour into bottle and mix)
 - **Golytely, (Gavilyte)(Colyte)** - Drink 8 ounces every 15-30 mins until you have consumed 1/2 of the Jug. Continue drinking 8-16 oz's of Clear liquids per hour
 - **Sutab** - Fill provided container with 16oz of water (To Fill Line). Swallow each tablet with a sip of water . (This should take 15-20 minutes to complete). Continue drinking 8-16 oz's of Clear liquids per hour
4. **4 hours before your arrival time,** _____
 - **Clenpiq, Suprep or Suflave** - Drink 8 ounces every 15-30 mins until you have consumed the first full bottle. Continue drinking 8-16 oz's of Clear liquids per hour. (Suflave only Open 1 Flavor Packet and pour into bottle and mix)
 - **Golytely, (Gavilyte)(Colyte)** - Drink 8 ounces every 15-30 mins until you have consumed 1/2 of the Jug. Continue drinking 8-16 oz's of Clear liquids per hour
 - **Sutab** - Fill provided container with 16oz of cool water (To Fill Line). Swallow each tablet with a sip of water and then drink the entire amount of water in the cup. (This should take 15-20 minutes to complete).
Continue drinking 8-16 oz's of Clear liquids per hour
 - **Nothing by mouth 3 hours before** your arrival time. including Hard Candy, Ice Chips, Water etc.

*****Meds to hold** _____

Report to: _____ SEC-27 "B" Medical Center Dr. at _____ on _____.
_____ JMCGH-620 Skyline Dr. at _____ on _____.