

Colon Preps

1. **Day Before you procedure - Drink only clear liquids ALL DAY.** Drink 8oz of clear liquid every hour. Examples: Water, tea, coffee (no creamer or milk), broth, apple juice, white grape juice, ANY soft drinks, Kool-Aid, Gatorade, popsicles, ice and jello (without fruit) are also OK
DO NOT eat solid foods , Hard Candy or milk products. Nothing red or purple. No pulp-containing juices.
2. **Day Before your procedure:** At **2PM** take **4 Dulcolax tablets (5mg each)** (purchased over the counter).
: If Golytely,(Gavilyte)(Colyte) Mix contents in Jug and refrigerate.
3. **8 hours before your arrival time,** _____
 - **Clenpiq, Suprep or Suflave** - Drink 4-8 ounces of the medication every 15 mins until you have consumed the first full bottle. Follow this by drinking 8 - 16 Ounces of Clear liquids. (See Above for Clear Liquids examples)
(Suflave only- You may open 1 Flavor Packet and pour into bottle and mix if you prefer)
 - **Golytely, (Gavilyte)(Colyte)** - Drink approx. 16 ounces of the medication every 15 minutes until you have consumed 1/2 of the Jug.
Continue drinking 8-16 oz's of Clear liquids per hour. (See Above for Clear Liquids examples)
4. **4 hours before your arrival time,** _____
 - **Clenpiq, Suprep or Suflave** - Drink 4-8 ounces of the medication every 15 minutes until you have consumed the first full bottle. Follow this by drinking 8 - 16 Ounces of Clear liquids. (See Above for Clear Liquids examples)
(Suflave only- You may open 1 Flavor Packet and pour into bottle and mix if you prefer)
 - **Golytely, (Gavilyte)(Colyte)** - Drink approx. 16 ounces of the medication every 15 minutes until you have consumed the remainder of the Jug contents.
 - **Nothing by mouth 3 hours before** your arrival time. including Hard Candy, Ice Chips, Water etc.

*****Meds to hold** _____

Physician Scheduled With _____

Report to: _____ Skyline Endoscopy - 27 "B" Medical Center Dr. at _____ on _____.
_____ JMC GH-620 Skyline Dr. at _____ on _____.